

# youth wellness hubs

## ONTARIO

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# HALIBURTON COUNTY

## Hali County Youth Hub Stakeholders & Partners Newsletter

**April 2019**

### **HUB RENOS CONTINUE!**

The lower level has now been gutted of its former walls and kitchen, and framing completed for the newly configured spaces. There's always something unexpected during renovations, and this project has experienced a few of its own, like solid brick walls where brick pillars were thought to be. This has required at least one brick wall to be cut through to accommodate a doorway; and previously existing doorways to be framed out (and eventually dry walled).

On the main floor, an enormous cupboard to store musical instruments has been installed too and just needs a couple of finishing touches!



Left picture: Storage cupboard just needs a sheet of drywall and door installed.

The fully accessible bathroom on the main level has been plumbed and painted. It's expected that all fixtures and the door will be installed in the coming week.

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In last month's newsletter, we reported on the new design that will bring everyone in through the front door (a new ramp will be built to code from the parking lot), and that the wheel chair lift has been finalized and that demolition required for its installation would be starting in the next couple of weeks.

Well, the final measurements have been taken for the new ramp and demolition to accommodate the chair lift has been completed! Demolition was a very loud and dusty job.



Wheel chair lift cut out, looking down from above.



Wheel chair lift cut out from the lower level, looking up.

We're getting much closer to planning for the formal 'Doors Open' event.

## Gift Registry – Please Make Your Donation Today

While some funding has been allocated in Year One specifically for renovations and capital expenses (\$85,000 as per our Funding Agreement), renovations and equipment cost estimates are above that amount.

We recognize the need to supplement funds in the areas of transportation and food. Hali Youth Hub partner organization Haliburton Highlands Health Services is working hard to make the best use possible of their transportation program so that this is not a barrier to access, but additional funds will be needed to ensure the ongoing sustainability of the transportation component.

Set up on Point in Time's website [[www.pointintime.ca/gift-registry](http://www.pointintime.ca/gift-registry)], there are examples of the goods still needed. You can direct your contribution towards the purchase of specific items or to the project generally. Contributions will be used solely to complete renovations and construction, purchase appropriate equipment, delicious meals, nutritious snacks or transportation.

The Gift Registry will be updated to reflect additional opportunities for making a donation.



**Haliburton County Youth Wellness Hub – providing an inclusive and welcoming space for all youth aged 12-25 in our community** – is a much needed resource that will reduce the isolation experienced by our youth population, engage them in a meaningful way in the community, and enable seamless and coordinated access to a range of supports including mental health and addictions.

Direct your contribution towards the purchase of specific items, or if you prefer, make a general donation to the project.

***We'd Appreciate Your Help. Please consider making a donation. Please promote the link to the Hali County Youth Hub Gift Registry. Donate now at <https://www.pointintime.ca/gift-registry/>***

## DONATION TO HALI YOUTH HUB GRATEFULLY RECEIVED

Members of Free Form Crochet, with Marg Cox, Executive Director, Point in Time, and Stephanie MacLaren, VP Community Programs, Haliburton Highlands Health Services, gathered at CANOE FM on Tuesday, April 16th, to present a \$112 donation, representing

half the proceeds of the sale of the shawl ("Autumn Splendor", pictured below) that won the "People's Choice Award" at Fashion Fallies last November. Free Form Crochet, who made the shawl, sold it at the Rails End Gallery's Members Show. The proceeds (\$224) were split between Food for Kids and the Hali Youth Hub.



Receiving the cheque, l-r: Marg Cox, Stephanie MacLaren, and Free Form Crochet members Vicki Sisson, Catherine Dennis, Susan Hay and Louise Owtrim-Ewing. Missing are Chris Lynde and Jacqueline Clarkson. Photo Credit: Roxanne Casey, CANOE FM



Pictured above right, "Autumn Splendor" was sold for \$224 at the Rails End Gallery's Members Show.

## HALI YOUTH HUB WANTS YOUR (TRASH N) TREASURES!!

Legend has it that this event is Haliburton's summer starter! A giant community marketplace in Head Lake Park, Haliburton Village with antiques, collectibles, food, music, great deals, artwork, vintage clothing and so much more! There is even a Butter Tart Contest.

The Hali Youth Hub will be setting up a booth at this event – and we're asking you to bring us your stuff! Your small and medium sized stuff. If you've been thinking of purging and getting rid of collectable treasures, art work, household items, etc. – please consider holding on to them just for a bit longer – and bring them to our booth to sell – all proceeds to support the Youth Hub.

Youth are participating at this event to build awareness and to do some hands-on fund raising.

Admission is free and there's plenty of parking.

When? Saturday, June 15: please bring your treasures 6:30 am – 8:00 am (we know, early – but we'll be there!!)

Show Time: 8:00 am – 2:00 pm

Where? Head Lake Park in Haliburton Village

Watch for more info on how you can get involved with the Youth Hub's Trash N Treasures booth on Instagram @HaliCountyYouthHub and on Facebook <https://www.facebook.com/HaliCountyYouthHub/>

## RECENT HUB PROGRAM SERVICES & COURSES

The SHIFT program (soft skill training through the arts), with partners Fleming CREW and Centre[3] successfully wrapped up the first part of the pilot program at the end of March.



The SHIFT program helps train and support youth to become employed.

Using the arts to teach soft skills to youth aged 18-29 years, the program was delivered to eight (8) unemployed/out of school youth in an 8-workshop format over 4 weeks. Local artists and instructors Tammy Rea and Noelia Marziali worked with youth on digital arts, film making, prop making and painting. An employment counsellor from the Fleming CREW Employment Centre (located at

49 Maple Ave) has been working with youth throughout the program and will be setting participants up with employment opportunities.

Course participant Joey Varga reflected on her experience: "The SHIFT program was a very educational and enjoyable experience for those who participated. With Noelia Marziali and Tammy Rea we learned a variety of skills that we can use in and outside of our workplaces. We used new, high-end technology to create and edit videos and posters; we used 3D printing pens to create small objects, prototypes, and character models; we made buttons using already existing paper from magazines as well as our own designs that we were able to print out. Within the group, friendships were formed between people who may not have connected if it weren't for the program. We were given a space to be, and express ourselves through different forms of art.

As well as making visual art projects, we used teamwork and communication skills by collaborating with and assisting each other in our projects. On the last day of the program everyone who participated got together to make one big collaborative art piece using acrylic paint, paintbrushes, and our hands! Now that the program has ended, Jillian Diezel on behalf of the employment center has been helping each of us with job placements in the community. On Thursday, April 4th, a showcase was held at the library, in which all of the projects accomplished over the course of the program were displayed and explained by the maker. Overall, SHIFT was a fun and productive program that helped participants find new tools in multiple areas of their lives."



Expect plenty of hands-on time as we workshop individual and group music arrangements on the computer.

Instructor Nick Russell is the type of person who likes to have his hands in many different cookie jars; notably, that of the guitarist, composer, music producer and stringed instrument maker. He works professionally somewhere within the crossroads of these disciplines. Nick holds an Honours Degree in Music and comprehensively studied classical harmony privately. He's also studied the art of guitar-making with Master Luthier Sergei De Jonge, having designed and constructed a concert classical guitar under his tutelage.

His musical style and knowledge spans genres, but his current exploration as a guitarist lie at the intersection of acoustic music, classic and contemporary jazz, and progressive rock.

In recent years Nick has expanded his freelancing to include work as a composer (Dusk Dances Dance Festival, Arts Bournemouth University) and as a studio musician (Metalworks Studios, Escarpment Sound, Deschamps Studio). Numerous projects he has worked on have aired on national radio (CBC, Jazz FM, CFRU) and international television.

Currently, Nick owns and teaches guitar at The Haliburton Guitar Studio.

**Space is limited so sign up today. [haliburtonhub@pointintime.ca](mailto:haliburtonhub@pointintime.ca)**

**or call 705 457-5345**

**#myhaliburtonhighlands #ywho #youthengagement  
#artistsintheschoolsandcommunity #recording&mixing**

**Come one – come all – to this exciting CONCERT EVENT!**

**Friday, May 3 – Pay What you Can!**

**LIVE MUSIC!**

Friday May 3rd 2019  
Doors Open At 6:30 pm  
Concert: 7:00-9:00 pm  
Open to All Ages!

Fundraiser Show for Artists in  
the Schools & Community.

Youth Wellness Hub  
12 Dysart Avenue,  
Haliburton

Featuring Performances by:

Sam O'Flife  
Kelsey Young  
The Bones of Jim Jones

Pay What You Can!

youth wellness hubs  
HALIBURTON COUNTY

arts council  
HALIBURTON HIGHLANDS

Artists  
in the Schools & Community

Featuring 3 fantastic acts, including Kelsey Young – Hali Youth Hub's talented Nurse Practitioner! Pizza and pop also available (for a pay what you can donation).

Watch for more info on these events to be posted on Instagram @HaliCountyYouthHub and on Facebook <https://www.facebook.com/HaliCountyYouthHub/>!



## YOUTH ATTEND YWHO YOUTH ADVISORY COMMITTEE MEETING

Two of the Hali Youth Hub Steering Committee members, Joey Varga and Scott Walling, were appointed to the YWHO Provincial Youth Advisory Committee, and attended meetings in Ottawa on March 23.

This was the second meeting that they attended, where they found that everyone was talking about the exact same things we have been talking about at our Hub. Not just mental health services, also life skills, employment, mentorships, workshops, mock job interviews, etc.

“This weekend provided an opportunity for youth representing each hub across Ontario to work with a branding firm. Through a variety of communication methods, we are working on establishing an overarching brand, as well as terms of reference.

We collectively constructed operating guidelines for the committee such as how we conduct decision making and how we should deal with conflict.

As a team we decided on a list of core values that will hold us accountable when decision making and will remind us, and future members, of what the committee represents.

Not only was this a great weekend for constructing plans to take action, but also building relationships within our committee. Building these relationships allows us to communicate more effectively, see things from other perspectives, and it makes it a much more enjoyable experience. 😊” – Scott and Joey

<https://www.pointintime.ca/gift-registry/>

Please share through your networks.

For more information visit <https://www.pointintime.ca/youth/haliburton-youth-wellness-hub/>

Follow us on Instagram @HaliCountyYouthHub and on

Facebook <https://www.facebook.com/HaliCountyYouthHub/>

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**The *Hali County Youth Hub Stakeholders & Partners Newsletter* is published monthly. Look for the next edition in an email inbox near you!**

***We'd like to acknowledge, and extend an especially big THANK YOU to our generous *Hali County Youth Hub Donors:****

Tony Aymong

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Free Form Crochet

Maggie Harris

Paul & Susan MacInnes

McKeck's Tap & Grill

Riverview Furniture

Heather Smith-Chambers

Bessie Sullivan

Gayle Wetmore

Jack Bush & Elaine Bell

Chaulk Design Studio

Donna Enright

Kieran Gillooly

Minden Home Hardware

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