

HIGH SCHOOL CLINIC 2019-2020

THE POINT IN TIME (PINT) HIGH SCHOOL DROP-IN CLINIC OFFERS YOUTH ATTENDING THE LOCAL HIGH SCHOOL A SAFE AND CONFIDENTIAL PLACE TO ACCESS COUNSELLING WITH A TRAINED MENTAL HEALTH WORKER FROM POINT IN TIME THREE DAYS PER WEEK THROUGHOUT THE SCHOOL YEAR.

30 UNIQUE CLIENTS
ATTENDED 151
SESSIONS AT THE
HIGH SCHOOL
CLINIC DURING THE
2019-20 SCHOOL
YEAR

HALF WAY THROUGH SEMESTER 2, THE COVID-19 PANDEMIC SHUT DOWN SCHOOLS. THE CLINIC CONTINUED TO SERVE EXISTING CLIENTS BY OFFERING SESSIONS BY PHONE AND ZOOM, BUT DID NOT RECEIVE ANY NEW REFERRALS DURING THIS TIME.



OUTCOME RATING SCALES COMPLETED AT THE BEGINNING OF SESSIONS, DETERMINED THAT ON AVERAGE, 57% OF CLIENTS ACCESSING THE CLINIC WERE CONSIDERED CLINICALLY DISTRESSED.

THE TOP PRESENTING ISSUES FOR CLIENTS WERE FAMILY CONFLICT, ANXIETY, PEER RELATIONSHIPS AND DEPRESSION.



CLIENTS MOST COMMONLY SELF-REFERRED TO THE CLINIC, BUT OTHER REFERRALS CAME FROM SCHOOL ADMINISTRATION, POINT IN TIME'S QUICK ACCESS CLINIC, CAREGIVERS AND FAMILY DOCTORS.

14 OF THE SESSIONS AT THE CLINIC WERE CONSIDERED CRISIS SESSIONS. FEELING OVERWHELMED WAS THE MOST COMMON PRESENTING ISSUE.

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