

# HIGH SCHOOL CLINIC 2021-2022

THE POINT IN TIME (PINT) HIGH SCHOOL DROP-IN CLINIC OFFERS YOUTH ATTENDING THE LOCAL HIGH SCHOOL A SAFE AND CONFIDENTIAL PLACE TO ACCESS COUNSELLING WITH A TRAINED MENTAL HEALTH WORKER FROM POINT IN TIME THREE DAYS PER WEEK THROUGHOUT THE SCHOOL YEAR.

THE CLINIC STARTED IN IN NOVEMBER THIS YEAR DUE TO THE COVID-19 PANDEMIC.

24 UNIQUE CLIENTS ATTENDED 40 SESSIONS AT THE HIGH SCHOOL CLINIC DURING THE 2021-22 SCHOOL YEAR. THIS IS A SIGNIFICANT DECREASE FROM PREVIOUS YEARS.

OUTCOME RATING SCALES COMPLETED AT THE BEGINNING OF SESSIONS, DETERMINED THAT ON AVERAGE, 80% OF CLIENTS ACCESSING THE CLINIC WERE CONSIDERED CLINICALLY DISTRESSED. THIS WAS A SIGNIFICANT INCREASE FROM LAST YEAR.



THE TOP PRESENTING ISSUES FOR CLIENTS WERE ANXIETY, PEER RELATIONSHIPS, FAMILY CONFLICT AND DEPRESSION.



TO ACCESS THE HIGH SCHOOL CLINIC THIS YEAR, A REFERRAL FROM SCHOOL STAFF(SSAC AND PRINCIPAL OR DESIGNATE) WAS REQUIRED. SELF-REFERRALS WERE NOT AVAILABLE THIS YEAR.

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