

Job Description

Youth Wellness Hub

Mental Health and Substance Use Clinician

Background:

Youth Wellness Hubs Ontario (YWHO) aims to bring the right services to youth and their families at the right time and in the right place. Currently, the Haliburton Youth Wellness Hub offers a variety of services and supports to youth in Haliburton County.

The Youth Wellness Hub provides an inclusive, positive and welcoming space where participants can be social and have access to a broad range of services and supports delivered in an integrated fashion. Services include, but are not limited to primary care, sexual health, mental health, employment, tutoring and homework help, life skills; partnerships with First Nations, Metis and Inuit supports and traditional knowledge as well as peer support and support with addictions and substance use.

We recognize that equitable access to employment is an agent in social change. We welcome and strongly encourage employment of persons with lived experiences, economic challenges, from First Nations, Métis and Inuit peoples, people of all ages, ancestry, citizenship, ethnic origin, place of origin, faith, creed, disability, family status, marital status, all genders and sexual orientation.

Position Summary

Under the direction of the YWH Manager, working within the context of a multidisciplinary team, the clinician will provide therapeutic interventions and addiction/harm reduction supports to youth, ages 12-25, based on evidenced-based practices. Using a client-centered approach, the Clinician will conduct mental health assessments and provide therapeutic supports and/or interventions to youth, including but not limited to solution-focused narrative therapy, cognitive-behavioral therapy, dialectical behavior therapy, and motivational interviewing to youth.

Qualifications:

- Bachelor/Masters of Social Work, Psychology, or related degree, with a postgraduate certificate in Addictions and Mental Health, or an equivalent combination of work experience and education
- Current Certificate of Registration with the Ontario College of Social Workers and Social Service Workers (OCSWSSW); Or Current registration with The Collage of Psychotherapy
- Minimum 2 years' experience working in a related position preferred, ideally in a community-based setting
- Experience working with black youth and people of color, First Nations, Métis and Inuit and 2SLGBTQ+ peoples is an asset
- Experience with program evaluation
- Valid First Aid & CPR certificate or willingness to obtain
- Valid drivers license

Responsibilities:

- Provide timely, responsive, evidence-based treatment and clinical supports to youth
- Apply knowledge of the symptoms of overdose/withdrawal of various substances and assist the client in seeking medical attention as required.
- Help identify when youth may require supports – either in terms of mental health or substance use or other community supports, like housing.
- Help provide education and capacity to all staff re: harm reduction and mental health
- Participate in Program planning, implementation and evaluations
- Collaborate with community partners
- Provide referrals/make linkages to culturally appropriate services/supports
- Create a welcoming culturally safe space/environment
- Participate as a team member in the day to day hub operations
- Document and maintain electronic youth client records (intake and assessment forms, progress notes, correspondences, client files, etc.)
- Complete other required documents as per program and agency policies, and procedures and standards
- Attend and participate in team/staff meetings
- Participate in agency quality improvement activities, e.g. special events, etc.
- Participate in external committees as required
- Willingness and ability to work flexible hours, including evenings and weekends

Skills

- Ability to provide a range of evidence-based interventions and have knowledge and experience in harm reduction
- Ability to work with clients with complex needs and trauma history
- Background in anti-oppression and antiracism and inclusion including knowledge of supporting LGBTQ+ youth and creating positive spaces
- Strong communication skills
- Knowledge of rural communities, including barriers they face.
- Time Management
- Ability to work independently, and as part of a team
- Ability to act as an advocate for clients in accessing and maintaining support services. Advocacy may include but is not limited to: writing letters of support, phone calls, case conferences, and attending meetings

Health and Safety

- Maintains a safe work environment by:
- Being aware of Agency's safety policies and procedures and flagging hazards when encountered
- Consistently using safe work practices
- Ensuring that the work area is tidy and free of safety hazards
- Storing all equipment, supplies and disposing any materials in a safe manner
- Complying with all safety regulations under the Occupational Health and Safety Act, Complying with Personal Health Information Privacy Act (PHIPA)

Working Conditions

- Working conditions are comparable to standard office conditions with minimal exposure to hazards

- Working directly with clients exposes staff to risks of injury, violence, and exposure to infections
- Driving to clients' homes, childcare centres, schools and other service providers exposes staff to hazards associated with driving especially in inclement weather
- Staff working alone out of office, (i.e. client homes) are at high risk of physical harm/injury/abuse)
- Working after hours, or weekends